



## Phase I: Mapping study of clubs providing life skills programs for girls, and Phase II: survey of beneficiaries and program administrators

The purpose of the mapping study and survey was to improve the knowledge about life skills programs delivered both in and out of schools to adolescent girls in Tanzania. A similar study has also been conducted in Ethiopia and Lebanon.

**Client:**  
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Institute (CMI)  
(with funding from  
The Brookings  
Institution)



**Services:**  
-desk research  
-development of  
template for data  
collection  
-review/adjustment  
of survey instrument  
-data collection  
through online survey  
and individual  
interviews  
-fieldwork reports  
-dissemination  
meeting

Phase I of the Life Skills for Girls study mapped organizations that run life skills programs for adolescent girls at youth clubs in and out of schools. The clubs that were targeted are those teaching life skills in the “five universal areas” as defined by the WHO: decision-making and problem-solving; creative and critical thinking; communication and interpersonal skills; self-awareness and empathy; and coping with emotions and with stress.” (UNICEF 2012, 8)

In Phase I, DPC collected data through desk research, an online survey, and telephone interviews with organizations that support over 70,000 clubs with life skills programs across Tanzania. DPC also visited organizations in Dar es Salaam and conducted individual interviews. Questions explored the main program objectives; intended beneficiaries; types of skills taught; teachers and teaching methods; involvement from community members; and measurement of impacts or outcomes.

In Phase II, DPC concentrated on five organizations with clubs in Dar es Salaam, surveying 300 girls who are the beneficiaries of these clubs. In addition, 20 individual interviews were conducted, and conversations took place with key informants from the facilitating organizations. The purpose was to gather detailed information about the importance of context in determining which life skills are taught, and should be taught, to girls in and out of school.

To facilitate networking and knowledge sharing, organizations and club representatives will be invited to a dissemination event in September.